

CLAIMS:

- 1 1. An apparatus for inhibiting foot eversion, the apparatus
2 comprising
3 a cuff positionable around a leg above an ankle
4 joint,
5 a strap with a first end and a second end, the first
6 end connected to the cuff and the second end connectible to
7 footwear at a location on a portion of the footwear at an
8 outer side thereof.
- 1 2. The apparatus of claim 1 further comprising
2 a front member having a top end connectible to the
3 cuff and a bottom end connectible to a front part of the footwear.
- 1 3. The apparatus of claim 1 wherein the second end of the
2 strap is connectible to an outside part of the footwear.
- 1 4. The apparatus of claim 1 wherein the second end of the
2 strap is releasably connectible to the footwear.
- 1 5. The apparatus of claim 1 further comprising
2 at least one side post connectible between the cuff
3 and the footwear on a side of the footwear at a rear portion of the
4 footwear.
- 1 6. The apparatus of claim 5 further comprising
2 the at least one side post comprising two side
3 posts, one on each side of a rear part of the footwear adjacent a
4 heel thereof.
- 1 7. The apparatus of claim 1 further comprising
1 a strap for wrapping around the cuff to secure the
2 cuff around a wearer's leg.
- 1 8. The apparatus of claim 1 further comprising
2 an amount of releasably cooperating fastener
3 material on a surface of the cuff, and
4 a corresponding first amount of releasably
5 cooperating fastener material on a surface of the strap for
6 facilitating securement of the strap to the cuff.

1 9. The apparatus of claim 8 further comprising
2 an second amount of releasably cooperating fastener
3 material on a surface of the strap for releasable securement
4 thereto of at least part of the first amount of releasably
5 cooperating fastener material.

1 10. The apparatus of claim 1 wherein the cuff is positionable
2 above protruding parts of the ankle thereby preventing the cuff
3 from moving down on the leg below the ankle.

1 11. The apparatus of claim 10 wherein the cuff is at least
2 partially supported by the protruding parts of the ankle to
3 facilitate inhibition of eversion of the foot.

1 12. The apparatus of claim 10 further comprising
2 adjustability means for adjusting length of the
3 strap between the cuff and the footwear.

1 13. The apparatus of claim 12 wherein the adjustability means
2 is from the group consisting of openable-closable clasp and buckle
3 apparatus.

1 14. The apparatus of claim 12 wherein the cuff includes
2 cushion material for the comfort of a user of the apparatus.

1 15. An apparatus for inhibiting foot eversion, the apparatus
2 comprising

3 a cuff positionable around a leg above an ankle
4 joint,

5 two straps each with a first end and a second end,
6 the first end connected to the cuff and the second end
7 connectible to footwear at a location on a portion of the
8 footwear at an outer side thereof.

9 16. An apparatus for inhibiting foot eversion, the apparatus
10 comprising

11 a cuff positionable around a leg above an ankle
12 joint,

13 at least one strap with a first end and a second
14 end, the first end releasably connected to the cuff and the
15 end, the first end releasably connected to the cuff and the
16 end, the first end releasably connected to the cuff and the

17 second end releasably connectible to footwear at a location on
18 a portion of the footwear at an outer side thereof, the second
19 end of the strap releasably connectible to an outside part of
20 the footwear,

21 a strap for wrapping around the cuff to secure the
22 cuff around a wearer's leg,

23 an amount of releasably cooperating fastener
24 material on a surface of the cuff, and

25 a corresponding first amount of releasably
26 cooperating fastener material on a surface of the strap for
27 facilitating securement of the strap to the cuff,

28 wherein the cuff is positionable above protruding
29 parts of the ankle thereby preventing the cuff from moving
30 down on the leg below the ankle,

31 wherein the cuff is at least partially supported by
32 the protruding parts of the ankle to facilitate inhibition of
33 eversion of the foot, and

34 adjustability means for adjusting length of the
35 strap between the cuff and the footwear.

36 17. A method for inhibiting foot eversion, the method comprising
37 emplacing the foot in footwear, the footwear having
38 an apparatus for inhibiting foot eversion, the apparatus
39 comprising a cuff positionable around a leg above an ankle
40 joint, a strap with a first end and a second end, the first
41 end connected to the cuff and the second end connectible to
42 footwear at a location on a portion of the footwear at an
43 outer side thereof, and

44 positioning the cuff around the leg above an ankle
45 joint thereof, and

46 connecting the second end of the strap to an outer
47 side of the footwear .

1 18. The method of claim 17 wherein the apparatus further
2 comprises a front member having a top end connectible to the cuff
3 and a bottom end connectible to a front part of the footwear, the
4 method further comprising

5 connecting the top end of the front member to the
6 cuff and the bottom end of the front member to a front part of
7 the footwear.

1 19. The method of claim 17 further comprising

2 positioning the cuff above protruding parts of the
3 ankle thereby preventing the cuff from moving down on the leg
4 below the ankle, and

5 at least partially supporting the cuff with the
6 protruding parts of the ankle to facilitate inhibition of
7 eversion of the foot.

1 20. The method of claim 17 wherein the apparatus further
2 comprises adjustability means for adjusting length of the strap
3 between the cuff and the footwear, the method further comprising
4 adjusting the length of the strap with the
5 adjustability means.
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